

HYPOTHYROID or HYPOTHYROIDISM

(Including Hashimoto's Disease)

All Classes

(Updated 01/25/2023)

DISEASE/CONDITION	EVALUATION DATA	DISPOSITION
A. Resolved No treatment required	If the AME is able to determine through history and exam no treatment necessary, no symptoms, and no clinical concern:	<div style="background-color: green; color: white; text-align: center; padding: 5px;">ISSUE</div> Annotate this information in Block 60.
B. Primary Hypothyroidism	See the CACI - Hypothyroidism Worksheet . This will require a current, detailed Clinical Progress Note generated from a clinic visit with the treating physician no more than 90 days before the AME exam AND TSH. Note: As of 1/25/2023, TSH up to 9.9 can be considered for CACI if other criteria are met.	If the pilot meets all CACI worksheet criteria and is otherwise qualified, <div style="background-color: green; color: white; text-align: center; padding: 5px;">ISSUE</div> <div style="text-align: center;">with no time limitation</div> Annotate the correct CACI statement in Block 60 and keep the required supporting information on file.
C. Primary Hypothyroidism Symptomatic TSH 10 mIU/L or higher Central Hypothyroidism (Due to pituitary or hypothalamic disease)	Submit the following for FAA review: <ol style="list-style-type: none"> 1. A current, detailed Clinical Progress Note generated from a clinic visit with the treating physician performed no more than 90 days before the AME exam. (Diagnosis of Central Hypothyroidism should be evaluated by an endocrinologist.) It must include a detailed summary of the history of the condition; current medications, dosage, and side effects (if any); physical exam findings; results of any testing performed; diagnosis; assessment; plan (prognosis); and follow-up. 2. Lab: Performed within 90 days of the AME exam to include: <ul style="list-style-type: none"> ○ Thyroid Stimulating Hormone (TSH), and ○ Any other lab already performed (Ex. T3, Free T4) by the treating physician. 	<div style="background-color: red; color: white; text-align: center; padding: 5px;">DEFER</div> Submit the information to the FAA for a possible Special Issuance.

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	<p data-bbox="618 149 1105 247">3. Imaging: Copies of any imaging reports (MRI, CT, ultrasound, X-ray) already performed.</p> <ul data-bbox="716 285 1138 646" style="list-style-type: none"><li data-bbox="716 285 1138 646">• Submit the interpretive report on paper and imaging on CD in DICOM readable format (there must be a file named 'DICOMDIR' in the root directory of the CD-ROM). Please verify the CD will display the images before sending. Retain a copy of all films as a safeguard if lost in the mail. <p data-bbox="618 674 1138 741">4. Any other testing deemed clinically necessary by the treating physician.</p>	